

# The Parish of St Dunstan and St Jude

Nineteenth Sunday in Ordinary Time

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## Sunday 9<sup>th</sup> August

[www.stdunstanandstjude.co.uk](http://www.stdunstanandstjude.co.uk)

Sat 8 <sup>th</sup>	<b>19<sup>th</sup> Sunday in Ordinary Time</b>	<b>5.30pm</b>	<b>Holy Mass</b>	<i>Dileep Family (Special Ints)</i>
Sun 9 <sup>th</sup>		<b>10.00am</b> <b>12noon</b> <b>6.30pm</b>	<b>Holy Mass</b> <b>Holy Mass</b> <b>Holy Mass</b>	<i>Pat Fitzpatrick (RIP)</i> <i>Margaret Garvey (RIP)</i> <i>Mary Cooper (Ints)</i>
Mon 10 <sup>th</sup>	<b>St Lawrence</b>	<b>9.30am</b>	<b>Holy Mass</b>	<i>John Connolly (RIP)</i>
Tues 11 <sup>th</sup>	<i>St Clare</i>	<b>10.00am</b> ( <i>St Judes</i> ) <b>7.00pm</b>	<b>Holy Mass</b> <b>Holy Mass</b>	<i>Charlie Moore (RIP)</i> <i>Vincent McCollum (RIP Anni)</i>
Wed 12 <sup>th</sup>	<i>Feria</i>	<b>9.30am</b> <b>11.00am</b>	<b>Holy Mass</b> <b>Requiem Mass</b>	<i>Maureen and Edward Power (RIP)</i> <i>Sonia Leonard (RIP)</i>
Thurs 13 <sup>th</sup>	<i>Feria</i>	<b>7.00pm</b>	<b>Holy Mass *</b>	<i>Peter Marshall (RIP)</i>
Fri 14 <sup>th</sup>	<i>St Maximilian Kolbe</i>	<b>9.30am</b> <b>7.00pm</b>	<b>Holy Mass *</b> <b>Holy Mass *</b>	<i>Mary and Chris Rose (Thanksgiving)</i> <i>Deceased Members of O'Neill family</i>
Sat 15 <sup>th</sup>	<i>Our Lady</i>	<b>11.00am</b> 11.30am – 1.00pm	<b>Holy Mass</b> Exposition of the Blessed Sacrament	<i>Dorothy Davies</i>
		<b>5.30pm</b>	<b>Holy Mass</b>	<i>Jean Heathcoat</i>
Sun 16 <sup>th</sup>	<b>Assumption of Our Blessed Lady</b>	<b>10.00am</b> <b>12noon</b> <b>6.30pm</b>	<b>Holy Mass</b> <b>Holy Mass</b> <b>Holy Mass</b>	<i>Clair Rowe (RIP)</i> <i>Mrs Courtney (RIP)</i> <i>John Connor (RIP)</i>

\* Masses with First Holy Communion

### SUNDAY MASS

It has been good to see many of you returning to Mass – although many are still shielding or perhaps a bit wary of coming to Mass at the moment. Of the Sunday Masses, the Sunday evening Mass seems to be the quietest for those who want to avoid larger groups of people. At some point next month, we hope to introduce a Sunday Mass in St Jude's. However, as we are all too aware, the times in which we live are far from normal.

When Fr Simon leaves at the end of September he will thankfully be replaced. But in these times when sickness or the need to isolate could be experienced by the clergy as much as anyone else, there is an expectation that your priests will be able to help out in other parishes in the deanery – perhaps at very short notice.

The pattern we were used to – especially on Sunday mornings with Masses at 10am, 11am and 12noon and Saturday evening at 5.30pm and 6.30pm in two different churches – needs two priests. We will need to adjust these times so that, when a need arises, one of our priests will be able to help out elsewhere.

We will ponder the possibilities, but if anyone has any thoughts on this, do let us know.

**Welcome to Mass!** Although things are different and a little strange at the moment it still is a joy to come together at the altar and to offer the sacrifice of our redemption. For the Mass to run smoothly could all be aware of the following:

**Make sure you bring** a form of face covering to Mass. This is to enable us to sit at 1 meter+. **We have been reminded by the diocese that this is compulsory for the celebration of Mass apart from young children and those with significant respiratory difficulties.** Please make the steward aware of this and sit at least 2 meters away from others.

**Only single households to sit together for Mass** – others not of the same household must keep social distance.

**Please use** the hand gel as you enter and leave church.

**Please follow** the directions of the stewards who are here to help us finding a place and guide us to Holy Communion.

**If you are not going to Holy Communion** please enable others to go by (with a meter spacing)– or even better sit on the red seats at the back.

**For those coming to receive Holy Communion** please wait until the stewards on duty invite you to move forward to the priest. **Please maintain social distance (1 meter) as you go up to Holy Communion. Please adjust the face covering from around your mouth so that you can receive the host in your hand with dignity and reverence.**

**Collection bags** cannot presently be passed around, so please put your offerings in the baskets provided near the entrance and exit.

**You are welcome to light candles** and pray at the shrines around church before or after Mass. Cleaning will take place about 15 minutes after Mass.

**Church opening and closing times** will be advertised on the newsletter and at the church entrance. Unfortunately, we cannot leave the church open without the presence of stewards. However, church will open 30 minutes before Mass for private prayer.

**Please read the bulletin each week** for the times of midweek Mass. Over the summer period, and to respond to need, Mass times may well change.

**Our thanks** to all our stewards at St Dunstan's and St Jude's who enable the church to be open for Mass. If anyone is interested in becoming a steward, please do speak to Fr Philip or Fr Simon.

**Please note** that people who have booked intentions for times when there is now no public Mass will have their intentions offered at a private Mass on that same day.

**St Jude's Tuesday Mass** is mainly for those who are unable to get down to St Dunstan's and so have the opportunity to be present at Mass at St Jude's. Space at St Jude's is limited, and if capacity is reached then we are not permitted to admit others. ***If you can attend the evening Mass at St Dunstan's instead, then please do.*** As with St Dunstan's, face coverings will be necessary as spaces are measured at one-meter distance. Please follow the directions of the stewards for seating and for Holy Communion. There will also be a 'one way' system. We will enter church via the usual entrance but leave by the side door near the toilets.

**First Holy Communion Masses this week** for Carter Darragh, Callum Hughes, Annabella Shryane, Harry Wale, Leighton-Blake Fleet. This is such an important moment in the lives of these children. The absence of the 'big do' that often surrounds such occasions can help to truly focus on what is important – the tremendous privilege and grace of receiving the Body and Blood, Soul and Divinity of Jesus Christ in the Blessed Sacrament.

**For those of you unable to come to Mass today** due to sickness, frailty, or because of shielding, please be assured that you will be in the prayers of all of us as we offer Holy Mass today. Please also remember that the Obligation to hear Mass on Sundays is still lifted for the time being – alternatively you might prefer to attend Mass during the week when it will be a little quieter.

**Church Cleaning** will take place this Wednesday at 10.15am after Mass. If you can come along and help you will be very welcome.

**Please note that the toilets will be closed** due to COVID regulations the Blessed Sacrament Chapel will be out of bounds apart from for Confession.

**Readers for Sunday Mass:** Thank you to those who have volunteered to read once again at Sunday Mass. We need a couple more readers for the 6.30pm Sunday Mass. If you would be willing to do this, please email us or speak to one of the Priests.

**Weekly offerings** can be placed in the baskets in church or posted through the Presbytery letterbox. Please place offerings in either the usual Gift Aid envelopes or a plain envelope marked 'St Dunstan' or 'St Jude'.

**Standing Orders or Paypal donations** are a great way of giving to the parish and helping us to pay the bills. Details available on our Parish website. Thank you for all those who are continuing to support the parish during these difficult times.

**Weekly Giving Envelopes:** If you were unable to collect your envelopes before the lockdown please speak to either Fr Philip or Fr Simon and they will be happy to retrieve them from the Sacristy for you.

If you have accumulated a few weeks' worth of offerings during the lockdown, and are bringing them to church, please remember that you only need to use the most recently dated envelope. Even if this means you are putting four weeks' worth of offerings into one envelope, the Gift Aid can still be claimed back. It just makes the counting less confusing!

**Requiem Masses.** One of the difficulties of the recent lockdown was that families were unable to attend the Requiem Mass for loved ones on the day of the funeral. Now that the situation is easing a little, families are welcome to contact the priest who did the funeral to arrange a Requiem Mass for family members to attend.

**We pray for those who have died recently:** Sonia Leonard, Deacon Frank Lockett, Fr Joseph Tynan, John Quinn (20<sup>th</sup> at 11am) Dennis Menezes (27<sup>th</sup> at 11am) and Dr Peter Malone (28<sup>th</sup> at 11am).

**The Sacrament of Confession** will be available on Saturday morning's at St Dunstan's from 11.30am – 12.30pm and 4.45 – 5.15pm. For confessions please go to the side chapel using the 'one way' system and use the entrance by the Sacred Heart statue.

**WINDOW Magazine** is available after all Masses this on the table by the newsletter, or alternatively you can read the issue available on our website. If you pick one up before Mass, please make sure to take it home with you and do not leave for anyone else.

**Baptisms:** Parents are welcome to get in touch to arrange baptisms. At the present time the rite will be shortened, and you are asked to only invite a small number of people whilst the virus is still present in the wider community. The baptism service will all take place around the font where space is fairly minimum. For those who had baptisms postponed during the lockdown please get in touch with us about rearranging the date.

**First Holy Communion Masses** were postponed this year and at present large gatherings are not permitted. If your child was due to make their First Holy Communion, and you would still like this to happen, please speak with or email Fr Philip or Fr Simon. These will happen over August during the midweek Masses, and a maximum of ten guests per family will be allowed as these will be public Masses. Could parents please note that the restrictions and instructions that pertain to Sunday Mass (face coverings and social distance) will apply to these celebrations too. Parents are also asked to ensure the children make their confession on one of the Saturday's before.

**Thank you** to those who have donated the tabernacle, the veils and the lamp. We have had a good number of donations towards the altar, tabernacle plinth and ambo (lectern), but if anyone would like to contribute towards these stone items you are most welcome. Any cheques to be made payable to St Dunstan's Parish.

**Today we mark** the 75th anniversary of the falling of the atomic bomb that devastated the city of Nagasaki in Japan. Next Saturday (August 15<sup>th</sup>) is the commemoration of V.J. Day, which brought the Second World War to an end. As we pray for peace in our troubled world, we remember the threat that Nuclear weapons still pose to our world because of the fallen human beings who control them, and the deep need for peace in our families, communities and among the nations of the world.

**CAFOD** has joined with the UK Disasters Emergencies Committee to help millions of people whose lives are at risk as coronavirus spreads across refugee camps and countries suffering conflict. You can donate at [cafod.org.uk/coronavirus](http://cafod.org.uk/coronavirus) to help CAFOD scale up its coronavirus response through our global Church family. You can also use CAFOD's Summer of Hope fundraising ideas with your family and friends to transform lockdown and raise money for the appeal: [cafod.org.uk/summerofhope](http://cafod.org.uk/summerofhope)

**Prayer to our Guardian Angel, for when we cannot attend Holy Mass:** O holy Angel at my side, go to Church for me, kneel in my place, at Holy Mass, where I desire to be. At Offertory, in my stead, take all I am and own, and place it as a sacrifice upon the Altar Throne. At Holy Consecration's bell, adore with Seraph's love, my Jesus hidden in the Host, come down from Heaven above. Then pray for those I dearly love, and those who cause me grief, that Jesus' Blood may cleanse all hearts, and suffering souls relieve. And when the priest Communion takes, oh, bring my Lord to me, that His sweet Heart may rest on mine, and I His temple be. Pray that this Sacrifice Divine, may mankind's sins efface; then bring me Jesus' blessing home, the pledge of every grace. Amen.

**An Act of Contrition:** My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Saviour Jesus Christ suffered and died for us. In his name, my God, have mercy.

**A prayer to St Roch, a saint invoked in times of plague and pestilence:** O most merciful God, who through an angel, promised St Roch that all who invoked his name will be preserved from pestilence and contagious diseases. Grant that through his intercession we may be preserved from all dangers both of soul and body. Through Jesus Christ our Lord.

**An Act of Spiritual Communion:** My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

### St Teresa Benedicta of the Cross

Edith Stein was a prominent Jewish philosopher, writer, teacher and professor in Germany before World War II. After reading 'The Autobiography of St. Teresa of Avila', Edith Stein converted to Catholicism and eventually became a Carmelite nun, taking the name Teresa Benedicta of the Cross. She continued to write and study.

During the war, Catholics of Jewish heritage were arrested by the Nazis and deported to concentration camps. St. Teresa Benedicta was executed in the gas chambers of Auschwitz in 1942. Her feast day is today, August 9.

The future can be a daunting reality and can fill us with great anxiety or fear. We do not know what will happen next and that can frighten us.

However, with God, our heart can be set at ease and joy can fill us with a peace we never thought possible. St. Teresa Benedicta of the Cross knew well what it meant to trust in God when the future looked bleak.

Yet, through it all she was able to maintain a confident trust in God and remain joyful throughout her suffering. This can be clearly seen in this prayer she composed, which can help us look toward the future in hope, rather than fear.

*O Prince of Peace, to all who receive You, You bright light and peace. Help me to live in daily contact with You, listening to the words You have spoken and obeying them. O Divine Child, I place my hands in Yours; I shall follow You. Oh, let Your divine life flow into me. I will go unto the altar of God. It is not myself and my tiny little affairs that matter here, but the great sacrifice of atonement. I surrender myself entirely to Your divine will, O Lord. Make my heart grow greater and wider, out of itself into the Divine Life. O my God, fill my soul with holy joy, courage and strength to serve You. Enkindle Your love in me and then walk with me along the next stretch of road before me. I do not see very far ahead, but when I have arrived where the horizon now closes down, a new prospect will open before me and I shall meet with peace. Amen.*

Extracts taken from: <https://onetinyviolet.wordpress.com/2011/08/09/a-meditation-on-woman-in-celebration-of-the-feast-of-st-teresa-benedicta-of-the-cross/> and <https://aleteia.org/2019/08/09/fill-your-heart-with-joy-and-peace-with-this-prayer-of-st-teresa-benedicta-of-the-cross/>

## READINGS FOR SUNDAY MASS

### FIRST READING

*1 Kings 19:9,11-13*

When Elijah reached Horeb, the mountain of God, he went into the cave and spent the night in it. Then he was told, 'Go out and stand on the mountain before the Lord.' Then the Lord himself went by. There came a mighty wind, so strong it tore the mountains and shattered the rocks before the Lord. But the Lord was not in the wind. After the wind came an earthquake. But the Lord was not in the earthquake. After the earthquake came a fire. But the Lord was not in the fire. And after the fire there came the sound of a gentle breeze. And when Elijah heard this, he covered his face with his cloak and went out and stood at the entrance of the cave.

### SECOND READING

*Romans 9:1-5*

What I want to say now is no pretence; I say it in union with Christ – it is the truth – my conscience in union with the Holy Spirit assures me of it too. What I want to say is this: my sorrow is so great, my mental anguish so endless, I would willingly be condemned and be cut off from Christ if it could help my brothers of Israel, my own flesh and blood. They were adopted as sons, they were given the glory and the covenants; the Law and the ritual were drawn up for them, and the promises were made to them. They are descended from the patriarchs and from their flesh and blood came Christ who is above all, God for ever blessed! Amen.

### GOSPEL READING

*Matthew 14:22-33*

Jesus made the disciples get into the boat and go on ahead to the other side while he would send the crowds away. After sending the crowds away he went up into the hills by himself to pray. When evening came, he was there alone, while the boat, by now far out on the lake, was battling with a heavy sea, for there was a head-wind. In the fourth watch of the night he went towards them, walking on the lake, and when the disciples saw him walking on the lake they were terrified. 'It is a ghost' they said, and cried out in fear. But at once Jesus called out to them, saying, 'Courage! It is I! Do not be afraid.' It was Peter who answered. 'Lord,' he said 'if it is you, tell me to come to you across the water.' 'Come' said Jesus. Then Peter got out of the boat and started walking towards Jesus across the water, but as soon as he felt the force of the wind, he took fright and began to sink. 'Lord! Save me!' he cried. Jesus put out his hand at once and held him. 'Man of little faith,' he said 'why did you doubt?' And as they got into the boat the wind dropped. The men in the boat bowed down before him and said, 'Truly, you are the Son of God.'